

## Instructions for millie-mova system

DO – fit the millie-mova according to the instructions.

DO – get the chair as close to the table as is possible before pushing (if relevant).

DO – point the chair where you want it to end up.

DO – ensure that the Service User's legs, feet and hands are clear of the table and chair when pushing in.

DO – take into account that the chair has rear wheels (\*see Do Nots')

DO – push the pedal down enough to raise the front legs onto the wheels.

DO – visually check the screws/nuts & bolts are not loosening at the pivots on the bottom of the front chair legs and on the rear wheels – MONTHLY.

DO – check the front anti-slip rubber washers (if fitted) - WEEKLY.

DO – check that the shock cords (if fitted) are in place and undamaged, and that wheels are not touching the floor when it is not being used - MONTHLY.

DO – keep the device clean (for hygiene and maintenance reasons).

DO – Use the back wheels to move the chair around (tip the unoccupied chair back slightly).

---

DO NOT – push the pedal right down onto the floor – this will restrict the forward and backwards movement.

DO NOT – use with a person of more than 130kg.

DO NOT\* – do not stand on the chair or sit on, or lean vertically on, the top of the backrest i.e. do not allow "fooling around" on the chair.

DO NOT – try to steer the chair, it only goes forwards and backwards.

DO NOT – use the millie-mova to push in more than you feel comfortable (i.e. without doing the splits). Reposition yourself and push a second or third time.

DO NOT – use the millie-mova to move more than is necessary to get someone to and from the table (probably no more than 1.5m) – it is not a wheelchair substitute.

DO NOT – use the millie-mova, if it appears damaged.